

# Liberty Bell Wanderers – February 2018

*The Atlantic Region Conference needs items for their Silent Auction. This is a great way for them to raise money. Help by bringing an item with you from home. See Dave's latest email on the subject.*

*Join us for the Memorial Walk in Lorimer Park – 10:00, April 14 (Hoagies & drinks will be served for lunch)*

## **From the President: Dave Brown**

My brother, sister and I want to express our sincere gratitude for the countless cards, expressions of support, condolences, Mass offerings, and donations to the Main Place in memory of our mother. I want to thank all of my LBW family for covering for me by keeping the club running during the past 8 months, and adjusting plans and trips in my absence.

It is sad that, since our last meeting, we also lost **Mary Simon and Joan Lampart's husband Ed**. Condolences go out to their families.

**Renewals for 2018 LBW memberships has been very disappointing.** If you are associated in any capacity with the club you should consider joining. You must join if you want to continue having newsletters mailed to your house or want to participate in our bus trips.

**Membership forms have been included with this newsletter.**

**Eugene Maier March Madness pinochle tournament to be held on Saturday, March 24.**

**Lorimer Park Memorial walk will be held on Saturday, April 14.** See you on the trails.

## **LBW Volunteers needed:**

Looking for candidates for Treasurer and Secretary to run in the fall election

## **Upcoming Special Events Schedule – mark your calendars:**

Atlantic Region walk schedule -

[http://www.mdvolks.org/new\\_walklist.php](http://www.mdvolks.org/new_walklist.php)

Northeast Region walk schedule -

[http://www.avacclubs.org/ne\\_rd/events.html](http://www.avacclubs.org/ne_rd/events.html)

Liberty Bell Wanderers Event Calendar - <http://lbwcal.nodegreen.com>

Mar 10 – Pi Day (Einstein Birthday Celebration) – Princeton, NJ - PAWS

Mar 16-18 – LBW Bus Trip - Sterling, VA - Atlantic Region Conference – VVA (\*)

Mar 24 – Eugene Maier March Madness Pinochle Tournament – LBW / VE (\*)

Apr 14 – LBW Memorial Walk - Lorimer Park – LBW

Apr 29 – Communiversity Festival of the Arts – Princeton, NJ - PAWS

May 4-6 – Susquehanna Rivertowns Weekend – Columbia, MD – YWRW, SR, PDP

May 12 – Spring into Bordentown NJ Iris Festival – PAWS

May 20 – Paoli Battlefield – Malvern PA - CCRR

June 8-10 – 1000 Islands – Alexandria Bay, NY Bus Trip – York White Rose Wanderers (\*)

June 16 – Appalachian Trail Community Festival – Duncannon, PA – SRVC

(\*) – Indicates pre-registration is / may be required

## **Minutes from the LBW General Mtg. Feb. 21, 2018**

Meeting opened with the Pledge of Allegiance

**Attendance at Meeting:** 21

**Introduction of New Members:** None

**Vice President's Report:** In the absence of Betty Green, Dave stated that the KSVA books are in that list all of the walks in PA.

**Treasurer:** (Nov, 2017 thru Jan. 2018) **Total Income - \$7,843.99,**

**Expenses - \$2,587.37 Ending Balance - \$11,005.58, Operating**

**Funds Balance - \$6,398.08**

**Bank CD - \$3,014.04**

**Membership:** Jean Meyers stated we have 67 paid members for 2018.

To purchase discount walk coupons, you have to be a member of club.

**Circulation:** With Joyce & Nancy away, Sandy Beckius will mail the Newsletter this month.

**Newsletter:** Betty Good wants news sent in by 2/28.

**Social Media/Web:** Gayle was absent but Dave made comment that the site looks great; bylaws are now on the site; and **facebook has 167 likes.**

**Publicity:** Tina was absent

**Atlantic Region/Technology/Online Start Box:** Mike Green had so much to say that I have included his information below.

**Sunshine:** Bev stated a balance of **\$145.96.** Ingeborg Schwarz is on the mends.

**Trail Master:** Pat Gaeber mentioned that **40** people have walked the **King of Prussia mall** so far. Since it has been so successful, it has been extended to the end of the year!

**-Lorimer Park, Memorial Walk, will be April 14. Jennifer spoke about replacing the dead tree that the park will cut down. A decision was made to leave about a 4ft stump and place a planter on top with flowers & lovely greens that will trail down.**

**-Where to have the picnic this yr. A suggestion mentioned was Washington Crossing Nat'l Park. Pat will look into it. More information will be known at the next meeting.**

**-Two Appalachian Trail walks are sanctioned: 5k & 10k starts in Delaware Water Gap, PA & 5k & 10k cross into N.J. (4 starts in one place. They have an online start box; point of contact is Dave Brown.**

**-Come Nov. we will have another election. A number of people are stepping down from their present positions. If we want to continue a club, people have to step up to take a position!**

**Raffle:** Winners were – Larry Wagner and Ann Doerffel

**President's Comments:**

-Dave thanked everyone for covering while he was gone.

-Dave mentioned 2 members in the AVA have died – **Mary Simon** who walked even though she could hardly see; and **Ed Lampart, husband of Joan Lampart.**

**- Eugene Maier March Madness Pinochle Tournament is Mar. 24, at the VE Club. A \$20 fee to participate; you can pay at the door, but let Dave know you are coming.**

**-Pat Graeber is taking over the printing and selling the LBW discount coupons. See her to purchase them.**

-Dave is going to try and solve why 3-4 people have not been receiving all the emails all the time.

**-If you are on the VA Regional Conference bus trip, bring your National Parks Pass. They are also asking people to bring items for the Silent Auction.**

**-Concern for low turnout on bus for the Atlantic Regional Conf. in VA. People seem to be eager to have a bus trip to the Albany Convention next year. Further discussion will take place.**

**New Business:** No new business.

Meeting was adjourned.

**Presentation of slides:** **David & Ann Doerffel** presented slides on their walk through the Rocky Mt. National Park which were beautiful and informative.

**Respectfully submitted by: Betty Good, Secretary**

**Atlantic Region/Technology: Mike Green**

1. Nittany Nomads (State College PA Club) and Steele Turtles (new Pittsburgh area club) are now closed.
  - a. Steel Turtle's President, who was retired, got an offer from his former employer that he could not refuse to go back to work.
  - b. Some Steele Turtle events have been inherited by the Mon Valley Trailblazers.
2. The "401k for your Health" is now online and accepting registrations
  - a. If you have a fitbit or other step tracker that can be synced electronically to your smart phone/computer then your steps are automatically entered into the 401k Step Challenge.
  - b. In addition to the 401k Step Challenge is the separate 401k km Challenge which requires you to enter you kms manually based volkswalks or any walk where you know the kilometers walked.
  - c. More info on this national program at the AT Conference.
  - d. The AT DRD will soon establish an Atlantic Region Challenge/Team which all AT Region 401k walker should sign-up for. You need to send an e-mail to the [at\\_drd@ava.org](mailto:at_drd@ava.org) to be invited to join.
3. The AVA NEC/BOD held its semi-annual meeting in Orlando FL at an airport hotel Jan 19-21, 2018. Here is summary of the more significant actions taken by the NEC/BOD.

- a. The approved Special Programs starting in 2019 will be:  
Carousels and Little Free Library.
  - b. The Peace Pole national program was disapproved.
    - i. The disapproval was due to major concerns about associating AVA with what could be construed as a political movement.
    - ii. The general consensus was that this could be submitted as a Special Program candidate in the future.
  - c. The Big Give! Our annual AVA fundraising campaign will be held much earlier than in the past - March 22d -- please get the word out to your clubs and members. Our goals this year are \$70k, 450+ individuals and 100+ clubs!
    - i. The board members received training on how to set-up peer-to-peer fundraising.
    - ii. Clubs can also use this method to extend our fundraising reach this year.
    - iii. AVA VP chair's the committee for the Big Give this year and I believe will be attending the AT Conference.
- New prospective IML event
- iv. In Texas, the SW Region is getting ready to host the "Texas Trail Roundup" in San Antonio from Feb. 23-25 (this weekend).
  - v. This is the 2nd (of 3) "qualifying years" to certify this event as an officially recognized International Marching League (IML) event.
  - vi. It would be the only event on the IML calendar in February and would join the Freedom Walks Festival (October) in the USA – giving the AVA 2 IML events in the future.
  - vii. The IML, a complimentary international organization to the IVV, hosts annual international walking weekends in a variety of countries on a monthly basis.
- d. 2019 Convention
    - i. Our next AVA Biennial Convention slated for June 2019 in Albany New York and venues across New England, is on track.
    - ii. The board received an update from the Convention Planning Committee, who are currently looking for recommendations on a Keynote Speaker of national prominence or recognition.
- 4. OptOutside for 2018
    - a. I discussed with the OptOutside, National Program's chairman, Debra Kreup (who will also be a guest speaker at the upcoming AT Conference), what changes could be made for the 2018 OptOutside program.
    - b. It was agreed that multiple clubs could sponsor the same event as their OptOutside guided event.
      - i. I recommend that clubs in PA, that are near Hershey, co-sponsor the Hershey Black Friday (OptOutside) event (that is part of the annual Hershey Walk Fest held now for more than 30 years).
      - ii. If a club is a co-sponsor they should at least promote the event and provide at least one volunteer to help out at the event.
    - c. It was discussed that perhaps clubs who cannot sponsor a Guided group walk at least select a given YRE/SE (with no guide) as their OptOutside event.
      - i. Debra did not totally buy into this approach
      - ii. However, as AT RD, we will accept this option to get every club in the Atlantic Region to sponsor either a Guided walk or select a YRE/SE.
      - iii. A selected YRE/SE with no guide should be one of the club's best walks and have supporting text in the event comments field in the AVA ESR system and the club should provide a photo that best represents the event.
    - d. Every club in the Atlantic region is expected to support the #OptOutside event with either a guided walk or a selected YRE/SE for 2018!!

## **OFFICERS & EXECUTIVE COMMITTEE 2017**

<b>President</b>	<b>Dave Brown</b>	<b>610-906-6252</b>
<b>Vice President</b>	<b>Betty Green</b>	<b>845-774-5335</b>
<b>Secretary</b>	<b>Betty Good</b>	<b>215-884-1135</b>
<b>Treasurer</b>	<b>Doris Simon</b>	<b>215-342-5140</b>
<b>Trip Coordinator</b>	<b>Bill Ridge</b>	<b>215-256-9629</b>
<b>Membership</b>	<b>Jean Meyers</b>	<b>215-674-5943</b>
<b>Circulation N/L</b>	<b>Joyce &amp; Nancy Deibert</b>	<b>215-657-2530</b>
<b>E-mail Newsletter</b>	<b>Tina Jenneray</b>	<b>cinabington@gmail</b>
<b>Newsletter</b>	<b>Betty Good</b>	<b>bjg42@verizon.net</b>
<b>Program</b>	<b>All Members Contribute</b>	
<b>Web Master</b>	<b>Gayle Hendricks</b>	<b>e2feet@gmail.com</b>
<b>Publicity</b>	<b>Tina Jenneray</b>	<b>cinabington@gmail</b>
<b>Sales</b>	<b>Bill Ridge</b>	<b>215-256-9629</b>
<b>Sunshine</b>	<b>Bev Robinson</b>	<b>215-672-4417</b>
<b>Trailmaster</b>	<b>Pat Graeber</b>	<b>610-287-3065</b>

**LBW Website** [www.libertybellwanderers.net](http://www.libertybellwanderers.net)

**Atlantic Region** [http://www.mdvolks.org/new\\_walklist.php](http://www.mdvolks.org/new_walklist.php)

**KSVA (Keystone Volk Assoc.) website** <http://www.ksva.net>

**Facebook** [www.facebook.com/LibertyBellWanderers](http://www.facebook.com/LibertyBellWanderers)

**LBW Calendar:** <http://lbwcal.nodegreen.com>

### **2018 Thursday Walks**

8-Mar	Lansdale
15-Mar	No walk due to bus trip
22-Mar	King of Prussia Mall
29-Mar	Easter weekend –no walk
5-Apr.	Doylestown
12-Apr	Moorestown, NJ
19-Apr	Bethlehem - South
26-Apr	New Castle, DE

**The Walk Schedule From March to June 2018:** Each LBW year-round event gets a chance, with the exception of three more distant destinations, namely: Milford, Stroudsburg, and Port Jefferson, New York. Also on the calendar are the traditional events announced to date by Chester County Red Rovers [1] and Princeton Area Walkers(3

10-Mar	Pi day - Einstein b'day Princeton NJ
March 16-18	Eastern Region LBW bus trip Virginia
24-Mar	New Hope
31-Mar	Easter weekend --no walk
7-Apr	Bethlehem - North
14-Apr	Lorimer Park annual memorial
21-Apr	Skippack
28-Apr	Philadelphia - Schuylkill Banks
29-Apr	Communiversiy, Princeton NJ
5-May	Susquehanna Rivertowns Weekend
12-May	Spring into Bordentown NJ
20-May	Malvern Paoli battlefield <b>Sunday</b>
26-May	no walk -- Memorial Day weekend
2-Jun	Easton + Bike Delaware Canal
9-Jun	Philadelphia - Ben Franklin bridge+Ferry
16-Jun	Duncannon - Appalachian Trail community day
23-Jun	People's Choice
30-Jun	make-up

### **Menu at the VE Club for March**

7th - Pork Schnitzel	Chicken Marsala
14th - Shepherd's Pie	Bratwurst
21st - Chicken Schnitzel	Baked Cod
28th - Pork Schnitzel	Seafood Newburg